



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6.30-7am Combo yoga/HIIT class STUDIO 1 *	5.45-6.30am Vinyasa Flow Yoga BASE STUDIO	6.00-6.30am Combo yoga/HIIT class STUDIO 1 *	6-7am Energised Yoga STUDIO 1	6-6.50am Vinyasa Flow Yoga TKO STUDIO
9.30-10.30am Vinyasa Flow Yoga BENDIGO BOTANIC GARDENS Childcare available - \$4	4-4.30pm Kids Yoga (Girls 4-10yrs) STUDIO 1	9.30-10.30am Gentle Yoga TKO STUDIO	10.40-11.10am Combo yoga/ HIIT class TBA *	9-9.30am Combo yoga/HIIT class BENDIGO BOTANIC GARDENS *
	6-6.30pm Combo yoga/HIIT class STUDIO 1 *	4-4.30pm Kids Yoga (Girls & Boys 5-12 yrs) BASE STUDIO		9.30-10.30am Yin Yoga STUDIO 1 Childcare available - \$4
6.15-7.15pm Vinyasa Flow Yoga BENDIGO BOTANIC GARDENS	6.30-7.30pm Yin Yoga / Meditation STUDIO 1	6.15-7pm General Yoga TKO STUDIO	5.45-6.15pm Combo yoga/HIIT class STUDIO 1 *	

NEW CLASS*
"Combo yoga/HIIT class"
SIGN UP FOR THE "UNLIMITED PASS"
OR SEE OUR
*SPECIAL RATES

STUDIO 1 - 52 Waterview Drive, White Hills

TKO STUDIO - 1-3 Weeroona Avenue, Bendigo

CROOK STREET PARK - 214 Mclvor Highway, Strathdale

BENDIGO BOTANIC GARDENS - 557-559 Napier Street, White Hills

- Vinyasa Flow Yoga
- General Yoga
- Yin Yoga / Meditation
- Kids Yoga
- Energised Yoga
- Combo yoga/HIIT class

PRICES

Drop-in rate = \$18
10 pass (valid for 10 weeks) \$160 = \$16 per class
20 pass (valid for 10 weeks) \$300 = \$15 per class
6 pass Kids Yoga (valid for 6 weeks) = \$12 per class
11 pass Kids Yoga (valid for 11 weeks) = \$12 per class
Unlimited pass (valid for 1 month) = NOW ONLY \$140 saving \$60 per month
 We also offer private, personalised, corporate and mindfulness classes.
1 on 1 Yoga (1 hour) \$65 per hour
Group bookings: Corporate (1 hour) minimum group of 5 \$100 min cost.
 Prices range depending on group size.

CONTACT

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People on the unlimited monthly pass will receive this class for no additional cost will be added to the Circle offer*
 Cost for casual class \$18
 Or buy a 10 pack for \$120.
 Classes run Monday-Friday as of the 30th January

Please note: Your class pass starts on the day of your purchase. You will receive a confirmation text confirming the date of purchase, and a text notifying when you only have 4 classes remaining on your pass, and two weeks before expiration.